

BAC-2 HEALTH SURVEY
FROM GERM THEORY TO GERM THERAPY
John G Thomas PhD and Staff

1. Do you routinely ask if your patient is taking a probiotic?

- Yes
- No

2. Are you familiar with research-based evidence supporting probiotic use with dental patients?

- Yes
- No

3. Do you prescribe or recommend probiotics to periodontally involved patients?

- Never
- Rarely
- Occasionally
- Always

4. Are probiotics readily available in your practice?

- Yes
- No

5. Do you know where you could send your patients to purchase probiotic supplements?

- Yes
- No

6. Do you know how long it would take to see beneficial results in periodontally involved patients?

- 2 weeks
- 1 month
- 3 months
- >3 months
- I'm not sure

7. Would you recommend children to take probiotic supplements?

- Yes
- No

8. Have you recommended to patients taking an antibiotic, the addition of a probiotic?

- Yes
- No

9. If you became more knowledgeable about the benefits of probiotics would you be more apt to recommend their use to your patients?

- Yes
- No

10. Do you know which genera are most frequently used as probiotics?

- Lactobacillus
- Bifidobacterium
- Streptomyces
- Saccharomyces
- all the above
- I'm not sure

11. Which of the following is an appropriate amount of time to prescribe a probiotic?

- duration of condition/disease
- <30 days
- 30-60 days
- 60 days
- I'm not sure

12. If you were to write a prescription for a probiotic what CFU amount would be best for an oral condition?

- 1,000
- 1 million
- 1 billion
- I'm not sure

13. Which of the following combination of probiotic microbes would be most beneficial to your patient?

- Bifidobacterium/Lactobacillus
- Bifidobacterium/E. fecalis
- Lactobacillus/P. gingivalis
- I'm not sure

14. Would you be interested in utilizing a probiotic database that provided the ability to find research supported probiotics products via patient profile (age, disease, conditions, etc.) to aid in the selection of probiotics?

- Yes, I would use a probiotic database
- Maybe
- No, I already know which probiotics I want to prescribe
- No, I do not wish to prescribe probiotics to my patients

15. What is a reasonable number of different organisms in a probiotic product?

- Two
- Four
- Eight
- all the above
- I'm not sure

16. What dental diseases have proven responsive to probiotic intervention?

- Gingivitis/Periodontal disease
- Halitosis
- Caries
- Candidiasis
- all the above
- none
- I'm not sure